

## **Hope Reigns Ranch**

**5201 Safford Rd.  
Rockford, IL 61102  
815-299-4673**

### **Proper Dress**

#### **Please wear:**

- ❖ Dress in layers depending on the season of the year
- ❖ Socks that are above your shoes
- ❖ Comfortable fitting long pants, no low baggy pants,
- ❖ All skin must be covered between pants and shirt, please no really tight tops or jeans. You may shorts for non riding activities.
- ❖ No low cut or muscle shirts
- ❖ Rain gear on wet days
- ❖ Long hair should be neatly tied back
- ❖ Footwear: The footing can be uneven and very muddy. Please wear hard toed shoes, leather sneakers or boots which are comfortable for walking. Closed toed shoes with a low heel are necessary for riding, Helmets and long properly fitted pants are mandatory for riding.  
Hope Reigns Ranch can provide you with a ASTM certified helmet.

#### **Please do not wear or use:**

- ❖ Sandals
- ❖ Clogs
- ❖ Open toed or sling backed shoes
- ❖ Low cut, slip-on shoes
- ❖ Chewing gum
- ❖ Dangling earrings or bracelets, or other jewelry
- ❖ Perfume
- ❖ Medication that might impair mental or physical judgment
- ❖ No alcohol may be used prior or during volunteer activities

\*Helmets are optional during unmounted activities.

Please bring bug spray if you do not want to use OFF that we have at the ranch. OFF does contain DEET.