

**Hope Reigns Ranch**  
8019 East McGregor  
Rockford, IL 61102  
815-262-6008

**Proper Dress for Volunteers**

Lessons will be held regardless of the weather, so please dress accordingly.

**Please wear:**

- ❖ Dress in layers depending on the season of the year
- ❖ Socks that are above your shoes
- ❖ Comfortable fitting long pants, no low baggy pants,
- ❖ All skin must be covered between pants and shirt, please no short shorts or really tight tops or jeans.
- ❖ No low cut or muscle shirts
- ❖ Gloves (not mittens), scarves and warm coats in cold weather
- ❖ Rain gear on wet days
- ❖ Long hair should be neatly tied back
- ❖ Footwear: The footing can be uneven and very muddy. Please wear hard toed shoes, leather sneakers or boots which are comfortable for walking.

**Please do not wear or use:**

- ❖ Sandals
- ❖ Clogs
- ❖ Open toed or sling backed shoes
- ❖ Low cut, slip-on shoes
- ❖ Chewing gum
- ❖ Dangling earrings or bracelets, or other jewelry
- ❖ Perfume
- ❖ Medication that might impair mental or physical judgment
- ❖ No alcohol may be used prior or during volunteer activities

\*Helmets are optional for volunteers during unmounted activities.

\_\_\_\_\_ I will wear a helmet for horse activities- Helmet number is \_\_\_\_\_  
\_\_\_\_\_ I decline the use of a helmet for unmounted activities

Signature of Volunteer

\_\_\_\_\_ Date \_\_\_\_\_